

***Sophomore
Planning Guide
2009-2010***



Office of Counseling and Student Services
Wake County Public School System
www2.wcpss.net/departments/cass

~To the Class of 2012~



Dear Student,

Welcome to your sophomore year of high school! This year is sure to be filled with excitement as you begin to make important decisions about your future. Your teachers and administrators will be available to support and encourage you along the way. In addition, know that your school counselor is one of your greatest resources. We are always ready and willing to assist you in your educational journey and help you climb the ladder that leads to high school graduation.

As a sophomore, you will have greater responsibilities and be expected to make good decisions regarding your future, so it is most important to build strong high school relationships. Also, it is no secret that colleges and employers look to teachers and counselors to make recommendations on behalf of students. Be sure to try your best in the classroom, play your best on the team, and provide your best services to the club – It will all make a huge difference in two short years.

We have created this Sophomore Planning Guide so that you will have a wealth of information at your fingertips. It contains information necessary for you to begin and complete a successful second year of high school in Wake County. Keep this guide handy and use it often. We want you to be prepared and enjoy this very special time. Have a great school year!

Sincerely,

WCPS Counseling and Student Services Staff

Thank you to Renita Griffin-Jordan of Holly Springs High School
for compiling and creating this document.

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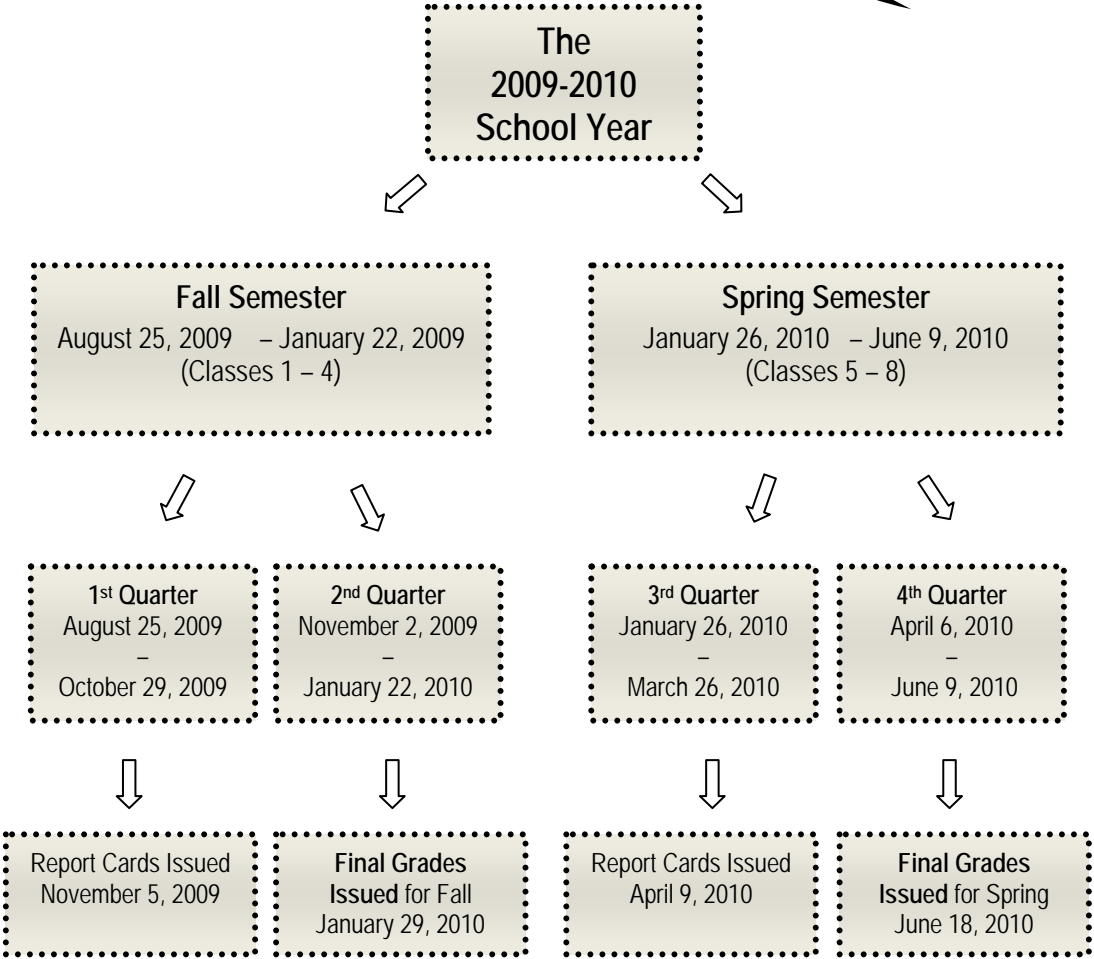
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I.
SOPHOMORE
ORIENTATION



THE BLOCK SCHEDULE



Exams

Exams will be given during the final days of each semester. This year's final exams will be administered on the following dates (for block schedule):

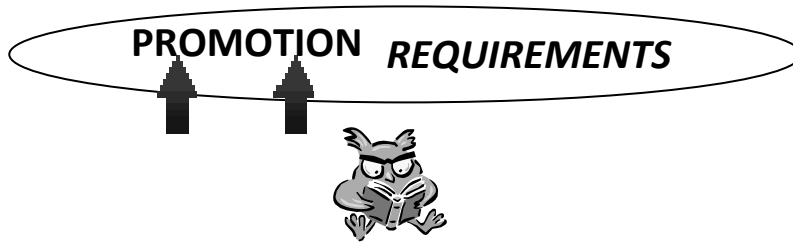
1st Semester

January 15th – 22nd

2nd Semester

June 3rd – 9th

* Enloe and Broughton will administer exams May 27th – June 9th



As a 10th grader, you have at least **six (6) credits**.
These credits were earned in the following areas:

- English I
- 2 credits in Math, Science and/or Social Studies
- 3 additional credits

(Enloe, Longview, Phillips, Southeast Raleigh and Wake Early College have different requirements.)

To be promoted to the 11th grade, you will need to have at least **twelve (12) credits**. You must have earned credits in the following areas:

- English II
- 1 credit in Math
- 1 credit in Science
- 1 credit in Social Studies
- 2 additional credits

ATTENDANCE

You will have four 90-minute classes each semester. If you must be absent, submit a signed note from a parent or guardian within two school days. **It is your responsibility to make up the work you miss.** *If you receive more than 10 absences in a semester course or 20 in a year long course, you may be subject to failing that course. If you fail a course due to attendance, a mark of **FF** will be noted on your transcript and averaged into your cumulative GPA.

High School Graduation Information

Students entering 9th Grade in 2008-2009 SY (current sophomores)

- Students must earn 26 total credits having fulfilled one of the following Courses of Study: College University Prep, College Tech Prep, Career Prep. Students at Enloe, Southeast Raleigh, Longview, Phillips and Wake Early College must earn 20 total credits.
- Students in the Occupational Course of Study must earn 22 total credits.

North Carolina Courses of Study

	College University*	College Tech Prep^*	Career Prep^*	Occupational
English English I, II, III, IV	4	4	4	4
Math CU: Algebra I, Geometry, Algebra II, One Beyond Algebra II CTP: Algebra I, Tech Math I, Tech Math II OR Algebra I, Geometry, Algebra II CRP: Algebra I and Two Other Math Courses OCS: Occupational Math I, II, III	4	3 (4)	3 (4)	3
Science Earth or Environmental Science, Biology, A Physical Science OCS: Occupational Life Skills Science I, II	3 (4)	3 (4)	3 (4)	2
Social Studies World History, Civics & Economics, United States History OCS: Occupational Social Studies I, II	3	3	3	2
Second Languages	2	0	0	0

Healthful Living	1	1	1	1
Career/ Technical Education (CTE) Electives/ JROTC Electives	**	4	4***	4
Other Electives	9 (2) 3	8 (0) 2	8 (0) 2	6****
Total Credits	26 (20) 20	26 (20) 20	26 (20) 20	22
<p>* Students must pass the N.C. Computer Competency Test. These requirements are generally met in middle school.</p> <p>** Students may choose from Career/Technical Education, Arts and other electives. They must choose 1 course from CTE and 1 course from the Arts to be considered for recognition as a North Carolina Scholar.</p> <p>*** Students may choose either Career/Technical Education or Arts electives that lead to a capstone course.</p> <p>**** Students choose from electives geared to occupational preparation.</p> <p>^ Students must complete a career pathway that leads to an advanced course that includes a capstone course.</p> <p>() Denotes credits specifically for Southeast Raleigh High School.</p> <p>Bold Denotes credits specifically for Enloe, Phillips, Longview and Wake Early College.</p>				

Additional Requirements:

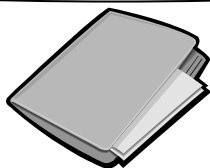
- Students must pass the five End of Course assessments in: Algebra I, Biology, English I, Civics & Economics, US History.
- *Graduation Project is currently not required.*
- High school credit is awarded to those students who pass high school level courses in math and second languages and score a level III or IV on an EOC while in grades 6-8. These courses will count towards graduation requirements however will NOT be calculated in a student's high school grade point average.

THE BIG FIVE

The North Carolina State Board of Education high school exit standards require students to pass the End-Of-Course assessment in the following courses:



PREPARING FOR THE SCHOOL YEAR

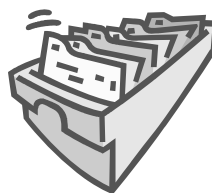


Prior to the beginning of your 10th grade school year, you will need to get organized. The secret to great organization is simply creating a place for *everything*. You will be involved in many different forms of activities, from clubs and sports to college tours and job applications. Without organization, your neat stack of paperwork can become swamped with college brochures, award certificates, resumes, applications and other loose paperwork. With that said... Are you ready? You are about to enter the world of *ORGANIZATION!*


ORGANIZATION AT HOME

What you will need


- ◆ A square crate, file drawer, or even a small to medium sized box may work
- ◆ Hanging files or any kind of folders
- ◆ Multicolored Folders (optional)
- ◆ Red File Tabs (optional)
- ◆ Index Card or other type of note paper (optional)




Step ONE

- Choose a file color for ACADEMICS 
- Possible folder headings:
 - ◆ Report Cards
 - ◆ Transcripts
 - ◆ Honors/Awards
 - ◆ Projects/Essays
 - ◆ Four-Year Graduation Plan
 - ◆ Test Scores (PSAT, SAT, ACT)


Step TWO

- Choose a file color for EXTRACURRICULAR 
- Possible folder headings:
 - ◆ A heading for every sport you participate in
 - ◆ A heading for every club/organization you belong to
 - ◆ Honors/Awards
 - ◆ Volunteer Experience/Community Service
 - ◆ Driver's Education Information


Step THREE

- Choose a file color for COLLEGE / MILITARY 
- Possible folder headings:
 - ◆ A heading for every college/military institute you are considering
 - ◆ Letters of Recommendation
 - ◆ College Essays
 - ◆ Scholarship/Financial Aid Information
 - ◆ CFNC
 - ◆ College Comparisons/Statistics

Step FOUR

- Choose a file color for CAREER 
- Possible folder headings:
 - ◆ Career Inventories
 - ◆ ASVAB
 - ◆ Job Descriptions/Applications
 - ◆ Employment Recommendations
 - ◆ Career Salary Scales/Educational Requirements
 - ◆ CFNC

Step FIVE

- Choose a file color for MISC ITEMS 
- Possible folder headings:
 - ◆ Names and Contact Information for Important People
 - ◆ Newspaper/Journal Articles related to items of interest

Some points to remember:

- ◆ Set a time twice per month to sit down and prioritize your filing system. Within each color category, rearrange folders as needed to specify the most important events/items for the coming month.
- ◆ Each time you rearrange your filing system, use the red tabs or markers to indicate that a deadline is approaching. Write the deadline date on the tab and stick it to the top of that particular file folder.
- ◆ Do not discard folders that you have completed; instead, file them in the back of the category. Only discard items that you are certain you will not need to revisit.
- ◆ Be as specific as possible with your file headings. To avoid confusion, make a separate heading folder for each category.

ORGANIZATION AT SCHOOL

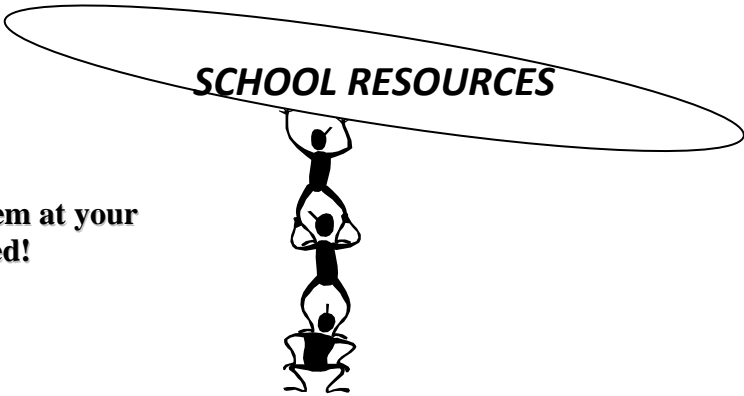
What you will need:

- ◆ High School Agenda
- ◆ Notebook (preferably with pockets)
- ◆ Red Pen
- ◆ Notebook Dividers



Some points to remember:

- ◆ In your agenda, write down EVERYTHING you think is essential, such as important dates, assignments, and other notes.
- ◆ Use your red pen to write down all assignment/project due dates. Mark a line through them once you have turned them in.
- ◆ Create a daily schedule which includes: the time of each class, when you will complete homework, when you will complete chores, and when you will take an evening break.
- ◆ Write down the times of all tutoring opportunities provided by your teachers and/or peer organizations.
- ◆ In the *Notes* section of your agenda, write the name and telephone number of at least one classmate who you will be able to contact if you have homework questions or need a study partner.
- ◆ Use dividers to separate all subject areas in your notebook. Keep this notebook in your book bag at all times. Put complete assignments on the left, assignments in progress on the right.
- ◆ Clean out and reorganize your notebook weekly.



You have a support system at your school to help you succeed!

The School Principal _____

Assistant Principal _____

Assistant Principal _____

Assistant Principal _____

Assistant Principal _____

Homeroom/Advisory Teacher _____

Your School Counselor ☺ _____

Career Development Coordinator _____

Student Services Receptionist _____

Teacher _____

Teacher _____

Teacher _____

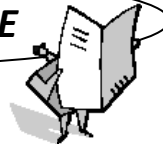
Teacher _____

School Resource Officer _____

II. FIRST SEMESTER



CLASS SCHEDULE



It is very important to review your class schedule as soon as you receive it. You want to be sure that you are enrolled in the correct classes for the entire school year. Below are a few things you should check for as you look over your schedule.

- You should be enrolled in English II
- You should be enrolled in a science class
- You should be enrolled in a math class
- You should be enrolled in a social studies class
- You should be enrolled in four (4) elective classes. These classes should reflect your interests and possible career options or further your studies in an academic area.

** If you find that your schedule is not correct, use your SPAN account or follow your schools procedures for correcting a schedule.

PSAT

What is the PSAT/NMSQT?

The Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT) is a program cosponsored by the College Board and [National Merit Scholarship Corporation \(NMSC\)](#). It's a standardized test that provides firsthand practice for the SAT[®]. It also gives you a chance to enter NMSC scholarship programs and gain access to college and career planning tools.

What does the PSAT/NMSQT measure?

The PSAT/NMSQT measures critical reading skills, math problem-solving skills and writing skills.

What do I need to know about the PSAT/NMSQT?

- The test date is during the school day on Wednesday October 14, 2009.
- The test is free for sophomores who have completed Algebra I.
- Use this website for PSAT/NMSQT practice questions.

<http://www.collegeboard.com/student/testing/psat/about/ontest.html>



GOOD HABITS TO HAVE

The habits you develop in high school will likely be maintained after you graduate so it is important to establish habits that are positive, encouraging, and beneficial in meeting your goals. Here are a few good habits:

- Choose classes that will challenge you and prepare you for the future
- Develop a time management plan and strong study skills
- Read, Read, Read! Create a reading plan to include topics presented

in class as well as themes of interest



- Get to know your counselor. They will likely write you a recommendation in the future for a job or college admission

- Join student groups that have a track record of teacher/student support and community involvement



- Have regular conversations with your teachers about your progress and ways to improve

- Attend Career and College Fairs and file all important information

- Keep your parents/guardians in the “loop”, as they will be your greatest supporters

GET  INVOLVED

SPORTS & CLUBS



GET INVOLVED!! IF YOU DID NOT JOIN ANY SPORTS/CLUBS LAST YEAR, JOIN AT LEAST TWO THIS YEAR – AND STICK WITH THEM THROUGHOUT HIGH SCHOOL



Sports

REMEMBER... Schoolwork is ALWAYS important! To be eligible to participate in a sport during the succeeding semester you must earn passing grades in five (5) subjects, three (3) for block schedule schools, or six (6) for schools on an A/B schedule. In addition, you must have at least eighty-five percent (85%) school attendance. For information on sports offered at your school, visit your school’s website and click on the Athletics or Sports link.



Clubs

What sparks your interest?

There are clubs that focus on academics, hobbies, leadership, culture, community service, and much more!

Some clubs require an application, interview, or prerequisite; however, many are open to all interested students. For information on clubs offered at your school, visit the website’s club or student link to view the list of club and club sponsors.

PART-TIME EMPLOYMENT



It is great to have a part-time job. You can gain a lot from this experience.

- * Responsibility
- * Career exposure
- * Money management
- * Time management
- * Social interaction
- * Teamwork

If you are considering a part-time job, download the Youth Employment Certificate (work permit) and follow the instructions provided. www.nclabor.com/wh/yec.pdf

DRIVER EDUCATION



*Driver Education Course

- Age - At least 14 ½
- Class Time - 30 hours completed during a 3-week after school class
- Driving Time - 6 hours (upon the completion of class)

*Driving Permit

- Age - At least 15
- School Status - Currently enrolled in school
- Class Time - 30 hours
- Driving Time - 6 hours
- Drug/Alcohol Prevention – 6 hours
- School Performance – Must pass 70% of your courses (3 of 4 courses on Block)



Don't forget that there is a lot more to driving than just DRIVING... Be responsible.



*License

After holding the permit for one year you may go to the DMV to obtain a DRIVER'S LICENSE. ☺

MEET WITH YOUR COUNSELOR



Schedule a meeting to speak with your counselor at some point during the semester. There are several topics you should ask about...

PSAT

SAT / ACT

Promotion/Graduation questions



Career / College Fair dates

Community College and/or 4yr University

Community Service opportunities

Becoming a Self-Advocate

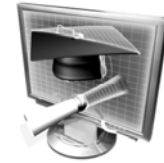
College Majors

Clubs / Organizations that promote career interests

III. SECOND SEMESTER



PLAN FOR JUNIOR YEAR



DUAL ENROLLMENT

In your junior and senior year, you may have the option to take courses outside of your school curriculum at no charge. Check with your school counselor about these dual enrollment opportunities.

Learn and Earn online	http://www.dpi.state.nc.us/learnandearnonline/
UNCG iSchool	http://ischool.uncg.edu
North Carolina Virtual Public School	www.ncvps.org
Wake Tech Dual Enrollment	http://admissions.waketech.edu/dualenroll.php

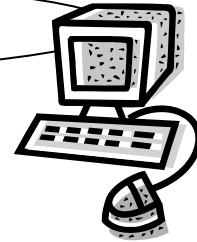
For further details and requirements please visit the 2009-10 Wake County Public School System High School Planning Guide p.21.

COLLEGE ENTRANCE TESTS

Begin taking practice tests for the SAT and ACT now. Determine your strengths and weaknesses. Once you are comfortable with the testing formats, you can begin your plans to test next year. Below are the dates for the SAT and ACT during the 2009-10 school year.

<u>SAT</u>	2009-10 Test Dates	<u>ACT</u>
October 10, 2009		September 12, 2009
November 7, 2009		October 24, 2009
December 5, 2009		December 12, 2009
January 23, 2010		February 6, 2010
March 13, 2010		April 10, 2010
May 1, 2010		June 12, 2010
June 5, 2010		

CLASS REGISTRATION



SPAN allows students to select courses online. In the spring, schools will provide a time for students/parents to complete the registration process.

SPAN – Student/Parent Access Network

SPAN is a system which allows parents and students to view schedules, interims, report cards, historical grades, **unofficial** GPA/class rank, and attendance records online. In addition, information such as discipline records, fines and fees, locker and parking information, textbook and media center activity, and progress towards graduation, as well as academic progress reports for current classes.

Instructions for Selecting Courses:

- In SPAN, click on the “Grades” button in the left sidebar. Review the courses you have taken thus far in your high school career as well as the grades you earned in these courses.
 - Click on the “Schedule” button and look at the courses you are currently taking. Write these courses on the Graduation Plan worksheet found in the High School Planning Guide.
 - Click on the “Recommendations” button in the left sidebar. Review the courses recommended by your teacher as well as teacher comments. Decide which of these courses you are planning to take next year and write them on your Graduation Plan.
 - Review the Course of Study and Career Pathway options in your High School Planning Guide. Based on the courses now written on your Graduation Plan, determine the Course of Study and/or Career Pathway that you would like to complete.
 - Write the Course of Student and/or Career Pathway on your Graduation Plan for your reference. SPAN will also ask for this information during the course selection process.
 - Review all required courses for your Course of Study and/or Career Pathway. Use this information to complete the rest of your Graduation Plan.
 - When you are ready to enter your course selections into SPAN, click on the “Select Courses” button in the left sidebar.
 - Note the number of courses at the top of the screen listing the number of credits you need to select.
 - To select a course, click the radio button to select a course as “Primary” (first choice - “courses I really want to take”) or “Alternate” (“courses I want if my primary choices are unavailable”).
 - Next, select the course you want to add from the dropdown menu. Courses displayed are the courses that have been recommended for you as well as all open-enrollment courses.
 - When you have selected your course, click the “Add Selected Course” button.
- In the event that you do not meet the prerequisites for a course, or the system cannot add the



course because you are trying to select more than the required number of credits, the system will display an error message. Review the error message for further information. If two courses are paired together, notice that both courses have been added to your course selections. A course may also require a “Matched Alternate”, which is a course substituted directly for a primary course if it is unavailable. If a course is set up in this manner, instructions will be displayed on screen.

- **NOTE:** You do not need to do anything to save changes to course selections, they are saved automatically. You may log out and return to your course selections at any time.

- To delete a course, check the box next to the course name you wish to delete at the top of the screen. Click the “Delete Checked Courses” button.

- When you have finished selecting courses, you will need to “confirm” your course selections.

The confirmation process locks in your course selections, and you will not be able to make additional changes to your course selections without counselor approval. To finalize course selections:



- o Click on the “Finalize Selections/Print Verification Form” button.

- o A dialog box will appear informing you that once you have finalized course selections, you will not be able to make additional changes. Click “OK” to continue, or you may click “Cancel” to make additional changes to your course selections.

- o The confirmation page will appear on screen. Print and sign it, have it signed by a parent/guardian, and return it to your school. If you need to print additional copies, you may do so at any time by clicking on “Select Courses” in SPAN.

*** Information taken from <http://www.wcpss.net/span/>



CAREER INTEREST INVENTORY

Now is the time to begin exploring all of your career options. There is an endless amount of information available to assist students as they learn about various occupations. One type of tool available is the **Career Interest Inventory**. These inventories provide students with detailed reports and career information that match their personality, values, and personal talents. As a result, they also help students discover the colleges, college majors and ideal careers that match their interests. Take the inventory below to find some careers that may interest you.

(From American Careers Volume 4)

Circle the numbers of the activities or career fields that interest you.

- | | |
|--|---|
| 1. Work on a farm or help save a rainforest | 25. Work outside in a park |
| 2. Solve complicated math problems | 26. Research a law case |
| 3. Act in a movie or play | 27. Play an instrument |
| 4. Study social groups in society | 28. Work with children |
| 5. Interview strangers for the TV news | 29. Run for class office |
| 6. Learn about and study the economy | 30. Work after school to save money |
| 7. Study "how to" mechanic manuals | 31. Set up a stereo system |
| 8. Perform science lab experiments | 32. Read science fiction |
| 9. Manage an art gallery | 33. Write a short story, play, or novel |
| 10. Conduct a religious service | 34. Entertain at a party |
| 11. Bargain at a flea market | 35. Work in a politician's office |
| 12. Write up graphs or charts with statistics | 36. Enter documents into computers |
| 13. Build cabinets or furniture | 37. Build a jet aircraft model |
| 14. Study nature/trace effects of pollution on environment | 38. Use an electron microscope |
| 15. Write a movie screenplay | 39. Design a new line of clothes |
| 16. Lead a club or scout troop | 40. Read and discuss literature |
| 17. Buy merchandise for a store | 41. Debate political issues on TV |
| 18. Work 9am to 5pm in an office | 42. Keep accurate records of a business |
| 19. Operate heavy machines | 43. Repair a car engine |
| 20. Play chess | 44. Identify constellation of stars |
| 21. Work on art or music magazines | 45. Take pottery classes |
| 22. Get involved in a charity or community organization | 46. Work with senior citizens |
| 23. Do fast paced, high-pressure sales work | 47. Sell products on commission |
| 24. Design computer games and programs | 48. Budgeting or running a company |

Circle the numbers you checked on the chart below. On each line then total the numbers you circled. Put the total in the blank space at the end of each line.

<u>Personality Types</u>									<u>Total</u>
A. Doers	1	7	13	19	25	31	37	43	_____
B. Investigators	2	8	14	20	26	32	38	44	_____
C. Artists	3	9	15	21	27	33	39	45	_____
D. Helpers	4	10	16	22	28	34	40	46	_____
E. Enterprisers	5	11	17	23	29	35	41	47	_____
F. Detailers	6	12	18	24	30	36	42	48	_____

CAREER INTEREST INVENTORY RESULTS

Highest Personality	Score
_____	_____
2 nd Highest Personality	Score
_____	_____

A. Doers

If you like working with your hands, chances are you are a “Doer”. You like to build, tinker and fix things. Using tools comes naturally. You may prefer “doing” to “thinking” and concrete problems to abstract problems. Many doers grow up to have “hands-on” careers.

Arts & Communications

Photojournalist
Florist
Interior decorator
Jeweler

Business/ Management

Computer/ office machine installer
Hotel clerk
Sales representative
Stock clerk

Health Services

Surgeon
Dental assistant
Physical therapist
Nurse

Human Services

Hair stylist
Firefighter
Police officer
Food service worker

Industrial & Engineering

Automotive technician
Electrician
Carpenter
Plumbing, heating, air repairer

Natural Resources/Agric.

Farmer
Gardner
Logger
Forestry worker

B. Investigators

Investigators are observant and curious. You have a feel for gathering and figuring out information. Most love science, math, or history. You may prefer to work more on your own than with others.

Arts & Communications

Investigative reporter
Composer
Advertising/ writer
TV producer

Business/ Management

Paralegal
Researcher
Military analyst
Computer security analyst

Health Services

Physician
Veterinarian
Medical assistant
Pharmacist

Human Services

Police detective
Librarian
College Professor
Lawyer

Industrial & Engineering

Engineer
Surveyor
Architect
Solar energy system designer

Natural Resources/ Agric.

Astronomer
Geologist
Biochemist
Geneticist

C. Artists

Artists are creative, imaginative and feel the need for self- expression. You love working freely and put emotion into your work. Artists may work with words and pictures or music and dance.

Arts & Communications

Scriptwriter
Photography
Graphic artist
Musician

Business/ Management

Advertising account rep.
Computer game developer
Web master
Sales rep.

Health Services

Plastic surgeon
Dental lab technician
Prosthetist
Orthodontist

Human Services

Teacher
Chef
Cosmetologist
Architect

Industrial & Engineering

Architectural drafting specialist
Painter
Robotics
Upholsterer

Natural Resources/Agric.

Landscaper
Marine biologist
Horticulturist
Environmental analyst

D. Helpers

You enjoy teaching people new skills or helping them with personal problems. You work well in groups and interact well with all kinds of people. Your communication skills are excellent.

Arts & Communications

Wedding coordinator
Politician
Interior decorator
Product designer

Business/ Management

Sales person
Personnel director
Travel agent
Office worker

Health Services

Psychiatrist
Nurse
Dietitian
Home health aide

Human Services

Social worker
Child care worker
Career counselor
Government worker

Industrial & Engineering

Maintenance worker
Safety inspector
Environmental engineer
Biomedical engineer

Natural Resources/Agric.

Civil engineer
Arborist
Ecologist
Botanist

E. Enterprisers

Enterprisers have strong leadership skills. You are competitive and like to persuade others to see things your way. Enterprisers often have the social skills of helpers and hands-on-skills of doers.

Arts & Communications

Reporter or radio announcer
Film/ TV reporter
Performer
Advertising/ PR executive

Business/ Management

Business owner
Company president
Financial, marketing provider
Administrative assistant

Health Services

Medical partner
Laboratory operator
Clinic operator

Human Services

Real estate agent
Restaurant owner
Housekeeping services
Non-profit agency director

Industrial & Engineering

Home improvement contractor
Repair service provider
Recycling provider

Natural Resources/Agric.

Farmer
Lawn service provider
Fishery operator
Dairy producer

F. Detailers

Detailers like to analyze facts and numbers. You like to operate business machines. A steady routine is preferable to risk taking and often prefer being part of large companies, though not always in leadership roles.

Arts & Communications

Publication editor
Production artist
Advertising manager
Computer drafting technician

Business/ Management

Accountant
Computer programmer
General manager
Word processing specialist

Health Services

Medical manager
Medical researcher
Laboratory Technician
Medical examiner

Human Services

Traffic technician
Emergency vehicle dispatcher
Reservation agent
Information specialist

Industrial & Engineering

Printing equipment operator
Engineering technician
Plumber/ other trade
Construction worker

Natural Resources/Agric.

Agricultural technologists
Food scientist
Biochemist
Environmental analyst

List the top careers that match your interests

CFNC

**College Foundation of North Carolina
Resources**

www.cfnc.org

"College Foundation of North Carolina is a non-profit partnership between Pathways of North Carolina, College Foundation Inc., and the North Carolina State Education Assistance Authority. These organizations have broad expertise in helping students to prepare successfully for college and to find the best financial aid alternatives. Together, they provide a complete and comprehensive source of information - and real solutions - for students and their families."

Log onto this website and you will find:

Career Center provides assessment tools, fastest growing career fields, and wide range of job possibilities based on results of individualized assessment.

Student Planner helps you organize high school courses and activities to match up with admissions applications.

College Fair links to the websites of most North Carolina colleges and provides specific information on average SAT scores, GPA, and admissions requirements.

Online Applications provides the opportunity to complete applications and financial aid documents for North Carolina colleges online and save time by completing information once.

Paying for College gives you information and links about scholarships, grants, and loans.

College Savings Program provides information about college savings plans.

"CFNC: Helping you plan, apply, and pay for college."

Log in to CFNC and complete the following information. Keep a copy in your files and update as needed.

CFNC Username _____

CFNC Password _____ (optional)

My Career Key Scores:

Realistic = Investigative = Artistic =
Social = Enterprising = Conventional =

What are some occupations in my highest scoring areas? What education level is required?

Occupation	Education Needed
1.	
2.	
3.	

College Fair

What majors interest you?

Which colleges offer this major?

What is the total enrollment at each college?

What is the total cost including tuition, room and board and textbooks at each college?

What is each college’s average SAT/ACT score and GPA for entering Freshmen?

ASVAB

Armed Services Vocational Aptitude Battery

The ASVAB is the most widely used multiple-aptitude test battery in the world.

The ASVAB was originally designed to predict future academic and occupational success in military occupations. Since its introduction, numerous validation studies indicate the **ASVAB assesses academic ability and predicts success in a wide variety of occupations.**

Several composite scores are formed from different combinations of ASVAB test scores. Three composites, or Career Exploration Scores, are provided specifically to help students engage in career exploration. These

scores help students to get a good sense of their verbal, math, and science and technical skills compared to other students in the same grade.

The Eight ASVAB Test Areas

General Science

Arithmetic Reasoning

Word Knowledge

Paragraph Comprehension

Mathematics Knowledge

Electronics Information

Auto and Shop Information

Mechanical Comprehension

ASVAB results are reported to students and counselors on the **ASVAB Summary Results sheet**. This report shows grade-specific, gender-specific, and combined standard scores and score bands for all eight tests and three Career Exploration Scores. It also provides students with percentile-based interpretations of those scores.

(Excerpts from www.asvabprogram.com)

MILITARY



GO TO www.todaysmilitary.com

Decisions about the future are never easy. But if **you're considering the Military**, nothing can help you more than having access to the right information. That's exactly the purpose of this site – to help you find the answers to the questions and concerns you have.

[Military Careers](#) - There are over 4,100 different officer and enlisted jobs offered by the Military today, for both full-time and part-time duty. Find out more about careers in the Military.

[How To Decide](#) - Did you know that there's a test that can actually help you figure out if your natural talents and abilities mesh with life in the Military? Learn more about the ASVAB test and what it measures.

[Military Life](#) - Everything you wanted to know about training, on- and off-duty life, installations, and more. Take a closer look at life in the Military.

[Qualities For Life](#) - Learn about the qualities for a successful life—and meet people who acquired them while in the Military.

[Official Military Services](#) - Official information about the services that comprise the U.S. Military.

[Have Service-Specific Questions?](#) - If you already have a specific branch of the Military in mind, you might want to get in touch with an advisor in your area.

[Your Future](#) - Explore possibilities for life after high school.

[FAQs](#) - Read answers to the most common questions you may have.

This Website is provided as a public service by the Office of the Secretary of Defense, Defense Human Resources Activity, Joint Advertising, Market Research and Studies (JAMRS) Program.

IV. SUMMER 2010



GAIN EXPERIENCE

**Students should check with their Student Services office for summer options.
Enrichment activities available to students include:**

- Specialized academic programs
- Study Abroad programs
- Specialized camps
- Athletic programs
- Volunteer programs
- Internship/Co-op programs
- Pre-college Course enrollment
- College campus visits
- Community Sports
- SAT Prep programs
- Required and optional Summer Reading

COLLEGE CHOICES

Use the chart below to compare college choices as you begin your college tour experience.

	University #1 _____	University #2 _____	University #3 _____	University #4 _____
Size (small, med, large)				
Distance from Home				
Tuition and Fees				
Program of Choice				
Residential Life				
Community Safety				
Athletic Program				
Student Involvement				
Graduation Rate				

SUMMER READING



Many higher level courses have required or optional summer reading. Students must complete all required summer reading and/or assignments prior to the first day of school.

Check with your subject teacher to see if you will have a summer reading assignment.

Do not delay! Create a reading schedule so you can start early.

V. RESOURCES



Wake County High Schools Resource List

Apex	387-2215	http://www.apexhigh.com
Athens Drive	233-4060	http://athensdrivehs.wcpss.net/
Broughton	856-7830	http://broughton.wcpss.net/
Cary	460-3559	http://caryhs.wcpss.net/
Enloe	856-7880	http://enloehs.wcpss.net/
E. Wake School Health Science	365-2697	http://ewhs.wcpss.net
E. Wake School Integrated Tech	365-2656	http://ewhs.wcpss.net
E. Wake School Arts/Educ/Global	365-2642	http://ewhs.wcpss.net
E. Wake School Eng Systems	365-2629	http://ewhs.wcpss.net
Fuquay	557-2526	http://fvhs.wcpss.net/
Garner	662-2391	http://garnerhs.wcpss.net/
Green Hope	380-3700	http://greenhopehigh.wcpss.net/
Holly Springs	577-1444	http://hollyspringshs.wcpss.net/
Knightdale	217-5400	http://knightdalehs.wcpss.net/
Leesville	870-4260	http://leesville.org/
Middle Creek	773-3848	http://middlecreekhs.wcpss.net/
Millbrook	850-8807	http://mhs.wcpss.net/
Panther Creek	463-8656	http://panthercreekhs.wcpss.net/
Sanderson	881-4820	http://sandersonhs.wcpss.net
Wake Forest	554-8637	http://wfrhs.wcpss.net/
Wakefield	562-3612	http://wakefieldhs.net/
Southeast Raleigh	856-2850	http://www.srhs.net/
Wake Early College HS	212-5800	http://healthscienceec.wcpss.net

Alternative High School Programs:

Longview	856-7691	http://longview.wcpss.net/
Mary Phillips	856-7710	http://phillipshs.wcpss.net/

INTERNET RESOURCES



Below are some helpful internet resources that you can use throughout the year.

www.cfnc.org

www.monster.com

www.careerbuilder.com

www.myfuture.com

www.campuscareercenter.com

www.fastweb.com

www.scholarships.com/wake/

www.collegeboard.com

www.scholarships.com

www.asvabprogram.com

www.todaysmilitary.com